

# The NLC Online Course

## Self-Directed Version

*“Becoming a Learning Companion  
to Accompany Children Ages 3 to 18 -  
from Preschool to High School”*



*“The concept of an education centered upon the care of the living being alters all previous ideas. Resting no longer on a curriculum, or a timetable, education must conform to the facts of human life.”*

*— Maria Montessori*

The New Learning Culture (NLC) Online Course, consisting of 13 webinar recordings plus course manual, and 2 consultations, introduces a new paradigm of sustainable, student-led education accompanied by adults. It is mainly based on Maria Montessori's original writings and Rebeca Wild's child-centered educational model that is currently used in over 180 alternative schools across Europe. The NLC approach is also inspired by a great variety of alternative models, and most of all is based on the genuine needs of children, teachers, and parents.

Participants will learn ...

- ...How to nurture children on their path as self-directed learners,
- ...Enhance children's natural development with hands-on learning materials,
- ...Provide non-invasive teaching within prepared environments,
- ...Guide the children's social skill development through healthy boundaries.

You will be empowered to use many tools from the field of alternative education:

- Maria Montessori
- Rebeca Wild
- Waldorf Education
- The Reggio Emilia Approach
- The Forest Kindergarten
- Friedrich Froebel
- Célestin Freinet
- Democratic Education.

You will learn to benefit from the basic tools and wisdom of...

- ...Non-Directive Play Therapy,
- ...Mindfulness in Education,
- ...Social Intelligence and Bonding,

Each one of us has unique gifts to offer children. In addition to being teachers, home-schooling parents, educators, and child-care providers, we can become "learning companions" for children.

This NLC Course provides you with a structure to explore and share your unique teaching gifts in authentic, efficient, and respectful ways. The NLC non-invasive teaching skills can be used to heal personal childhood experiences, and for children and teenagers at homes and in heart-based classrooms.

NLC Courses also aim to provide the education and network needed to co-create Alternative Schools, Home-School Coops, and other Learning Centers.

## **NLC Detailed Course Content**

### ***SESSION 1 – The New Learning Culture Approach***

- The New Learning Culture School Model
- The Child-Centered, Montessori and Rebeca Wild-Inspired Schools in Europe
- Foundational Principles of The New Learning Culture Approach
- Evolving Paradigms of Learning

### ***SESSION 2 – Inspiration from Alternative Education***

- Overview of Alternative Education Approaches and Origins of the NLC School Model: Maria Montessori, Rebeca Wild, the Reggio Emilia Approach, Friedrich Froebel, Célestin Freinet, the Waldorf Approach, Non-Directive Play Therapy, the Forest Kindergarten, and Democratic Education.

### ***SESSION 3 – The Child in You is Important***

- Remember Yourself as a Child
- Reparenting Ourselves
- From Nuclear Family to Community
- Inspiration for Nurturing the Child in You

### ***SESSION 4 – Fulfilling Genuine Needs: Physical and Emotional***

- Feeling Safe and Bonding with People and Nature
- Identifying Children’s Genuine Needs
- Creating a “Field of Agreement For Learning”

### ***SESSION 5 – Imagination and Free Play***

- The Self-Healing and Self-Educating Powers of Free Play
- Empathy through Role Play
- Accompanying Free Play: Inspiration from Non-Directive Play Therapy
- Pretend Violence and Weapon Play

### ***SESSION 6 – Fulfilling Genuine Needs: Intellectual and Spiritual***

- Learning through Trial and Error, Timelessness, Relaxation, and Trust
- Helping Children Recognize and Fulfill Their Own Genuine Needs
- Authentic Needs And Replacement Needs
- When Genuine Needs Are Not Fulfilled

### ***SESSION 7 – Inner Guidance and Healthy Boundaries***

- Wisdom from Quantum Theory, Unified Field Theory, and Epigenetics
- Balance Between Inner Guidance and Boundaries
- The Spectrum of Healthy Boundaries
- Inspiration for Healthy Boundaries in Self-Directed Learning Environments
- Mediating Conflicts

### ***SESSION 8 – Setting Healthy Boundaries***

- Helping Children Set Their Own Boundaries
- Children’s Egocentric Perspective
- Setting Boundaries Respectfully
- Peace Education

### ***WEBINAR 9 – Natural Child Development and Self-Directed Learning***

- Allowing the Heart to Choose: Wisdom From Neuro-Cardiology
- The Self-Chosen Challenge
- The Child’s Inner Plan and The Natural Intelligence Of Life: An Exploration of the Natural Development of Infants, Toddlers, Children, Adolescents, and Teenagers
- Sensitive Periods



### ***SESSION 10 – Becoming a Learning Companion***

- Care for the Physical, Emotional, Intellectual, and Spiritual Well-Being of Children and Oneself
- Observing with Loving Attention
- Non-Invasive Teaching
- Maria Montessori’s Three-Period Lesson
- Being a Companion to Adults

### ***SESSION 11 – Creating Self-Directed Learning Environments***

- Preparing Indoor and Outdoor Yes Environments
- Introducing Children to Yes Environments
- Fulfilling Children’s Genuine Needs Through the Environment
- Inspiration for NLC-Based Schools
- Checklists for Child-Friendly Environments

### ***SESSION 12 – Hands–On Learning Materials***

- Overview Of Movement, Practical, Sensorial, and Academic Hands–On Materials by Hengstenberg, Montessori, Froebel and other Educators; Especially to Simplify Mathematics
- Unstructured and Structured Hands-On Learning Materials
- Crafting, Purchasing, and Inventing Materials
- Introducing Hand-On Learning Materials

### ***SESSION 13 – The NLC School in Practice***

- Daily Rhythm and Structure, Weekly Council Meetings
- Exploration Teams and Apprenticeships
- Progress Assessment: The Checklist Curriculum
- Parent Involvement
- First Steps to Co-Creating NLC-Based Schools

### ***CONCLUSIVE LIVE PHONE CALL – The NLC Approach in Your Life***

How can you increase the quality of your life with children by applying the NLC tools.

## **Course Fee**

Course fee \$465

## **Online Registration**

<http://www.newlearningculture.com/workshops.html>

Or e-mail

[Info@NewLearningCulture.com](mailto:Info@NewLearningCulture.com)

[www.NewLearningCulture.com/NLC-onlinecourse](http://www.NewLearningCulture.com/NLC-onlinecourse)

## Instructor and Learning Companion

**Carmen Viktoria Gamper** is the founder of [New Learning Culture Consulting](#). She is an international advocate for innovative child-centered education and assists school teams, educators and parents through consulting and trainings in the US, Mexico, and in Europe.



Carmen is part of a European wave of "enhanced" Montessori teachers who are inspired by Rebeca Wild, Maria Montessori, Claus-Dieter Kaul, Elfriede Hengstenberg, Joseph Chilton Pearce, and other educators and researchers of child development. Carmen co-created and was educational director of two K-8 private schools in Europe. She was hired by the leadership of the "Schule Miteinander" in Wörgl, Austria, to re-create their school learning environment. Her work helped this alternative school to be awarded the status of an accredited school.

Working with a group of parents in her hometown of Meran, Italy, she co-created an alternative elementary and middle school in 2003 that is now also offering a high school, and recently celebrated their 10-year anniversary!

After finishing her degree in German and English linguistics/literature/didactics, Carmen took a Montessori teacher training with Claus-Dieter Kaul who founded the "Institut für Ganzheitliches Lernen" (Institute for Holistic Learning) in Munich, in support of a new wave of enhanced Montessori teacher training throughout Europe. Carmen also studied extensively with Rebeca and Mauricio Wild (*Pesta School*, Ecuador), two of the world's foremost promoters of active learning. Carmen visited schools all over the world, and participates in many educational conferences, workshops, and courses including a recent Permaculture Design Course. Carmen is co-chair of the Transformative Education Forum (TEF) since 2011. As a true self-directed, live-long learner she has acquired knowledge and skills from a wide range of educational philosophies including Waldorf, Reggio Emilia, Froebel, and democratic education. Carmen is a pranic energy healer, and studied with Grand Master Choa Kok Sui and Master Sai Choletti in Germany.

## Testimonials

*"As a Montessori teacher, I mistakenly thought that I had a firm grasp of what holistic, child-centered education looked like. But Carmen has blown my mind and heart wide open and I now have a much deeper understanding of how to truly serve children. I AM SO GRATEFUL for this transformation!"*

— **Cristan Norman, Montessori Teacher, California**

*"This course has opened up my eyes to new ways of being in the classroom. It inspires me to create opportunities and spaces that support, nurture, and honor children's natural learning processes."*

— **Joy Gallina, Public School Teacher, California**

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*“In the NLC Course I gained the courage to identify and follow my family's dreams for education. With the circle of support created through the NLC community of like-minded parents and inspiring, innovative educators, I gained the confidence and skills to participate in the creation of our homeschool co-op. We have spent the last year weaving together very satisfying and rich learning days for myself and my daughter, and other families in our town. Thank you so much Carmen!”*

**— June McCroy, Founder West Marin Free School, California**

*“The NLC Training offers an expansive and comprehensive vision of child-directed learning. I am very inspired.”*

**— Margaret Hirsh, Montessori Teacher, California**

*“I just wanted to say thank you for this course! It's worth every penny!”*

**— Patricia Lutke, Learning Disabilities Psychologist, California**

*“I have been actively endorsing the NLC Online Course and have been speaking about it to many people who I meet. Truly transformative work, very organized and offers details to help expand awareness and intuition in education and in life.”*

**— Chelsea Cooley, Artist and Energy Healer, USA**

*“Carmen Gamper has a deep understanding of the guidance required and environment necessary to supports the development of the unique expression of each child.”*

**— Bradford Hansen-Smith, Childhood Educator, USA**

*“This has been a wonderful transforming experience. I did not know this course would delve deep into my own experience with life and school. Enabling me to surmount obstacles and grow at tremendous rates. Thank you!”*

**— Patrick Lee, Councilor, California**

*“Carmen is a master in waking up the creative forces in children and in adults, and helping them on their individual path to their full potential.”*

**— Elisabeth Viertler, Pediatrician, Italy**

*“I highly encourage parents and educators to take the NLC Course and discover the new parenting and teaching paradigm of the 21<sup>st</sup> century. This was a very complete course for me. It was truly a blessing to learn this material and put it to practice with my child and other children. Thank you, Carmen!”*

**— Nancy Chavarria, Mother and Event Manager, California**

## **This Training is Endorsed by:**

- Integrative Restoration Institute, [www.irest.us](http://www.irest.us)
- Essential Parenting, [www.essentialparenting.com](http://www.essentialparenting.com)
- The International Maternity Institute, [www.maternityinstitute.com](http://www.maternityinstitute.com)
- The Mindful Education Institute [www.mindfuleducation.com](http://www.mindfuleducation.com)
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